THE SPA

Coral Reef Club

BARBADOS

The Spa at Coral Reef Club is an idyllic sanctuary with a contemporary feel offering an unparalleled experience to the Spa guest. Each treatment room has its own private garden terrace filled with the riches of the Caribbean.

The Thermal Spa Garden is nestled quietly in lush surroundings. Tranquil waterfalls entice complete relaxation and calmness. Shaded cabanas frame an invigorating Hydro Pool allowing soothing water jets to refresh and rejuvenate. Tensions evaporate in the warmth of the Steam Room harnessing the positive energy of the amethyst geode. Revitalize afterwards in the snail shaped Experience Shower.

The Thermal Spa Garden is complimentary with services exceeding 50 minutes.
Thermal Spa Garden Day Pass Bds $95

The Pavilion, an outdoor treatment suite perfect for couples and friends, offers a unique ambience within the privacy of embracing gardens.

An exclusive range of natural products, designed and produced locally for The Spa, are the perfect complement to our awarding winning product line from Natura Bissé. Bringing innovation to skin care with unsurpassed anti-ageing and revitalizing formulas, Natura Bissé leads in its field. Together these two ranges enable us to offer the ultimate in luxurious and effective treatments.

The Spa - Profound restoration for the body.

Opening Hours: 10am - 7pm • Closed: Sundays • **Yoga**:Tuesdays and Thursdays 8am - 9.15am

All prices are quoted in Barbados Dollars and include VAT, 10% Service Charge and Product Levy.
Prices are subject to change without notice.

THE BODY

Relaxation massages

All 80 minute services are preceded by a cleansing foot ritual

Time for Two - The Pavilion	80 minutes	$860
	50 minutes	$620

Relieve tension and relax your muscles with our Classic European Massage. Enjoy this truly indulgent experience in the privacy of your own tropical garden pavilion with someone special. Body wraps and scrubs can also be enjoyed in the Pavilion garden.

Caribbean Calm	80 minutes	$450

A classic European full body massage preceded by an intense foot massage and eye therapy treatment. Perfect for travellers to reduce swelling and ease muscle tension.

Classic European Massage	50 minutes	$310
	80 minutes	$430

A traditional European massage to relax muscles and improve circulation, the perfect way to unwind and relieve muscular tension.

Top Up	30 minutes	$205
	50 minutes	$290

A Classic European style massage which targets the back, neck, and shoulders to relieve stiff and aching muscles.

Lomi-Juma	60 minutes	$385

Techniques indigenous to the Pacific and the Mediterranean are fused in this flowing rhythmic massage. Muscles are lengthened with stretching manoeuvres improving overall alignment of the body. A simply peaceful experience, perfect after travelling.

THE BODY

Wellness massages

Muscle Melt	50 minutes	$365
	80 minutes	$480

A meaningful full body massage for those wishing deeper pressure, targeting specific muscle groups. Slower concentrated movements and friction techniques are used to work into the muscle with soothing essential oils.

Also available as a Top Up Massage working the back, neck and shoulders	30 minutes	$235

Detox Massage	50 minutes	$330
With full body brushing	80 minutes	$450

Designed to detoxify and cleanse the system, this relaxing yet stimulating massage follows a soothing, invigorating sequence. Blended essential oils utilise their potent properties to relieve water retention, improve sluggish digestion and reduce cellulite.

Aroma Fusion Massage	50 minutes	$330
	80 minutes	$450

Choose one of our beautiful signature blends of essential oils to accompany this relaxing aromatherapy full body massage. Gentle gliding movements allow the infused oils to work their magic enabling profound restoration for the body.

Solar Stone Massage	50 minutes	$365
	80 minutes	$480

Heated volcanic basalt stones, used for their dense smooth texture and ability to retain heat, help release muscle tension. The combination of long purposeful strokes and warm stones eases muscular and mental stresses making it truly sleep inducing.

Also available as a Top Up Massage working the back, neck and shoulders	30 minutes	$235

Therapeutic Foot Ritual	20 minutes	$80

Allow us to soothe your tired feet with this holistic foot treatment including aromatic skin softening exfoliation and a relaxing massage with aromatherapy oils. Ideal for unwinding after a long journey or simply to kick start your holiday bliss.

Indian Head Massage	45 minutes	$315

Invigorating yet soothing, an ancient Indian practice handed down from generation to generation. The perfect way to relieve insomnia, mental stress, fatigue and muscular tension to the head, neck and shoulders.

Pregnancy Massage	60 minutes	$320
Suitable for 2nd and 3rd trimester only		

A specialized and unique massage technique with traditional European massage movements, to relax muscles and improve circulation. The perfect way to unwind and soothe the mother to be.

Auricular Therapy	45 minutes	$270

Using traditional Hopi candles, these hollow tubes of cotton flax are inserted into the ear and burned for 10 -15 minutes per side. The mild vacuum created aids relief of sinus pressure and congestion, headaches and tension. Accompanied by a specialised acupressure point facial massage and sinus drainage techniques.

Reflexotherapy Foot Treatment	60 minutes	$320

This deeply relaxing therapy begins with a cleansing foot ritual and is followed by a sensory experience that works on the zones of the feet to unblock the energy channels. This treatment helps to achieve balance, healing and activates the circulation and the nervous system, benefiting the whole wellbeing.

THE FACE

Facials by Natura Bissé

NATURA BISSÉ defines advanced effective skincare with their inspiring and luxurious products and oil blends. Coupling nature at its best with technology to support and enhance, each of these facials offers a unique and personal skin perfecting result.

The Skin Specific Facial - Tailor made for individual Skin Types Incorporating Esthetic Technology — 70 minutes — $440

Infused with balancing ingredients and tailored to your unique skin condition, this facial includes esthetic technology chosen to benefit your skin's individual needs. It redefines and hydrates your skin, resulting in a clear, radiant and beautifully balanced complexion.

Citrus Appeal - Reconditioning and Hydrating — 60 minutes — $420

Citrus Appeal drenches tired skin with essential vitamins and nutrients, providing a healthy boost of energy using a reparative serum abundant in Vitamin C. This anti-oxidant treatment relieves the first signs of premature aging and stimulates collagen production to renew firmness of the skin.

Oxygen Awakening - All Skin Types	60 minutes	$425

Benefits all skin types that have been exposed to pollution, congestion and the ravages of flying. The Oxygen Finish mask provides deep oxygenation and purification as well as evening of the skin tone.

The Cure - Congested Skin Types	60 minutes	$425

This deep cleansing facial with its scientific principles and product technology balances the skin perfectly. Extractions are meticulously carried out prior to a foamy textured mask with effervescing feel, tingles the skin resulting in a smooth, even texture.

Gentlemen's Facial	60 minutes	$425

Designed specifically for male skin this treatment combats under eye circles, stress and the dulling effects of shaving. It is accompanied by an invigorating massage for the scalp, neck and shoulders.

Diamond Radiance - Anti Ageing and luminosity	60 minutes	$485

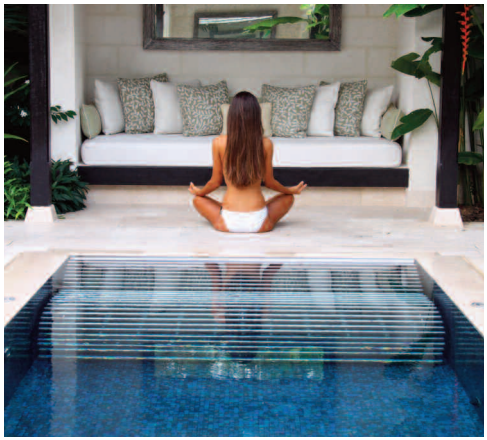
This facial restores skins luminosity revealing increased clarity and a brilliant, even tone. Melanin-inhibiting ingredients work to gently diminish the appearance of complexion-marring hyperpigmentation.

Luminous Express - Mini Facial for all Skin Types	30 minutes	$215

A quick pick me up to revitalize and refresh the skin utilizing Carboxi therapy which exploits the benefits of CO2 to combat the signs of ageing. A delicate blast of oxygen, combined with advanced anti-ageing and lifting ingredients make this the quickest treat your skin will thank you for.

Huff the Puff Eye Treatment - All Skin Types	30 minutes	$210

Illumination for tired eyes! Marine extracts combined with gentle massage therapy help drain away toxins, reducing puffiness and dark circles around the eyes, recapturing a natural and refreshed glow.



FACIAL ENHANCERS

Complement any facial by adding one of the below treatments

Esthetic Technology — Additional 10 minutes — $50

High Frequency or Galvanic procedures complement any facial and are especially beneficial for balancing and hydrating moisture levels in the skin.

Luminous Express - Mini Facial for all Skin Types — 20 minutes — $160

A quick pick me up to revitalize and refresh the skin utilizing Carboxi therapy which exploits the benefits of CO2 to combat the signs of ageing. A delicate blast of oxygen, combined with advanced anti-ageing and lifting ingredients make this the quickest treat your skin will thank you for.

Huff the Puff Eye Treatment - All Skin Types — 20 minutes — $130

Illumination for tired eyes! Marine extracts combined with gentle massage therapy help drain away toxins, reducing puffiness and dark circles around the eyes, recapturing a natural and refreshed glow.

RITUALS & COLLECTIONS

Collections by Natura Bissé

A collection of treatments which provide the ultimate spa experience and entice complete relaxation.

Oxygen Body Ritual - Dehydrated Skin 60 minutes $385

This ritual is the perfect answer for those looking for a body treatment that revitalizes, firms and evens out skin tone. A burst of oxygen combined with powerful ingredients reveal flawless, luminous and smooth skin. You will achieve a state of absolute relaxation to help you release stress and tension.
Complete the experience by adding an Oxygen Awakening facial to this ritual.

'C'ing is believing Ritual - Dehydrated Skin 80 minutes $450

Lavish amounts of Vitamin C used in this Body Scrub and Wrap provide a potent protective treatment for the skin adding vitality and renewed firmness. Natura Bissé's regenerative ingredients and anti ageing properties make this treatment perfect for those lacking elasticity and wishing to safeguard against dehydration and environmental sun damage.
Complete the experience by adding a Citrus Appeal facial to this ritual.

Caribbean Ritual 4 hours $1,275

Aromas of the Caribbean envelop the senses with a Citrus Appeal Facial, Coconut and Pineapple Crème Brûlée enzyme body exfoliant and an 80 minute Aroma Fusion Massage. This sublime Caribbean experience is completed with the Elements Pedicure and a light lunch.

The Pavilion - Spa Retreat for Two 3 hours $1,550

The definitive relaxing experience to be enjoyed with someone special in the tropical tranquility of your very own private pavilion garden. Experience a Lemongrass and Ginger Body Scrub, followed by an 80 minute Caribbean Calm Massage and The Classic Pedicure. A light lunch is served.

SIMPLY NATURAL CARIBBEAN COLLECTION

The Spa body wraps and scrubs

A unique and exquisite selection of carefully blended active plant extracts, natural clays, fruits and flowers form the basis for treatments that are both richly nourishing and deeply effective. They eliminate excess dead skin cells whilst detoxifying and rejuvenating the skin, leaving it intensely moisturised and softened.

Toasted Coconut and Jasmine Body Scrub - All Skin Types 50 minutes $270

This Coconut and Jasmine scrub acts as a miracle skin softener and moisturizer. Packed with Vitamin E and antioxidants the natural oils help to fade imperfections and protect the skin from free-radicals.

Fresh Lemongrass and Ginger Scrub - All Skin Types 50 minutes $270

An uplifting body scrub made with freshly prepared Lemongrass and Ginger. The exotic signature aroma emanates as the skin is revitalized, leaving it bright, toned and profoundly refreshed.

Marine Body Wrap - Detoxifying 60 minutes $340

Harnessing Ocean Marine Botanicals and Sea Kelps to detoxify, heal and energize inside and out. The skin is left silky smooth with the reduction of fluid retention.

Calming Body Wrap - Sensitive Skin 60 minutes $340

Lavender and Chamomile petals in soothing natural clay calm the skin and relieve internal stress. Accompanied with an acupressure face and scalp massage.

THE HANDS & FEET

All hand and foot treatments include cuticle grooming, filing, clipping and buffing of the nails, a moisturising massage and perfectly applied nail colour or buffing to a natural shine.

Express File and Polish	15 minutes	$65

The quickest of fixes to perfectly paint prepared nails or chipped polish.

The Classic Manicure	40 minutes	$100
The Classic Pedicure	45 minutes	$145

With signature Lemongrass and Ginger infused exfoliant and creams. Includes choice of colour polish.

Elements Manicure	50 minutes	$135
Elements Pedicure	60 minutes	$155

Unique and purposefully designed, this treatment is filled with sensory perfumes and holistic rebalancing. Toasted Coconut exfoliates and Jasmine and Neroli nourish, whilst Marine Botanicals detoxify. All encompassed with a massage and calming Cold Stone Therapy.

Rejuvenation Manicure	60 minutes	$150
Rejuvenation Pedicure	60 minutes	$180

Natura Bissé's acclaimed anti-aging products are combined with deliciously warm paraffin wax, Vitamin C and SPF 30 to fight sun damage. A heated Lavender Pillow to soothe the neck and shoulders make this treatment the ultimate in luxury for both hands and feet.

Revival Pedicure	60 minutes	$150

This Revival treatment targets poor circulation, swollen joints, strains and sprains - perfect for any sports enthusiast. With exfoliation, massage techniques and cooling gels that soothe tired muscles and calm inflammation. The sensation of lightness can be felt all day long. Cuticle care and nail buffing included.

THE HANDS & FEET ENHANCERS

Complement any hand and foot treatment by adding one of the below treatments.

French Polish	Additional 15 minutes	$20
Gel Polish Removal	20 minutes	$30
Gel Polish	20 minutes	$30

THE GROOMING LIST

WAXING

Full Leg	$180	Face Wax	$90
Half Leg	$115	Lip or Chin	$70
Bikini Line	$90	Eyebrow Wax	$70
Brazilian	$180	Chest or Back	$175
Under Arms	$90		

TINTING

Eye Lash	$80
Eyebrow	$55

.

SPA ETIQUETTE

Appointments - Spa Reservations 246-422-2372 Ext: 2101

Booking Advice - Please notify your therapist of any medical conditions, skin allergies or experience of adverse reactions to products. Also please advise of any recent medical procedures or pregnancy, prior to scheduling your appointment. Allow three days after Botox/fillers or collagen injections before seeking facial treatment.

Age Restrictions - Spa treatments are available to guests aged 13 years old and above. Babies and small children are not permitted within the Spa. 13-16 year olds using the Thermal Spa Garden must be accompanied by an adult.

Cancellation Policy - We exercise a 12 hour cancellation policy with 100% treatment cost being applied. All Spa guests are required to provide credit card details when booking multiple treatments or group bookings.

Arrival - Please arrive 15 minutes prior to your appointment time to fully relax. Completion of our consultation form ensures our therapists can perform treatments best suited to your needs. We offer our guests a reliable treatment schedule. Consequently late arrivals will not receive an extension of their treatment time, however full treatment price will apply.

What to Wear - Robes and slippers are provided within the Spa. We also provide disposable underwear (male and female) for Body Treatments. Alternatively you may choose to wear your own underwear or swimwear. Our Spa Therapists are professionally trained in draping techniques to ensure your privacy and comfort.

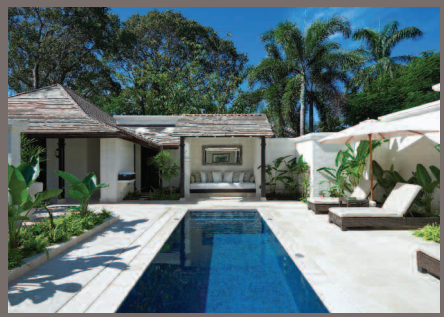
Swimwear - Please bring swimwear to use in the Steam Room, Experience Shower and outdoor Hydro-Pool. Nudity is prohibited therefore swimsuits must be worn. Topless sunbathing for ladies is not permitted.

Valuables - We recommend valuables are left within the safety deposit box provided in your room. We cannot be held responsible for any lost items.

Mobile Phones and other Electronic Devices - To ensure that peace and tranquility is maintained within the Spa we respectfully request that mobile phones and other electronic devices are placed on silent. Their use is not permitted throughout the Spa or the Spa Gardens. Your kind co-operation in this matter is greatly appreciated.

Gift Certificates - Personalised Gift Certificates are available for purchase for all spa treatments. Certificates are valid for 6 months, are non-transferable and can be redeemed in services only.

Gratuity - 10% service charge, product levy and VAT are included. The service charge is shared amongst all support staff. You may add an additional gratuity for your therapist if you wish, but it is not expected.



THE SPA

Coral Reef Club

BARBADOS

TEL: (246) 419 4121
thespa@coralreefbarbados.com
coralreefbarbados.com

2020